

# Book of Mormon Goal Setting Chart

	Verses a day	Chapters a day	Pages a day
One Day	6604	239	531
One Week	943.4	34.1	75.8
Two Weeks	471.7	17.1	37.9
Three Weeks	314.5	11.4	25.3
One Month	220.1	8	17.7
Two Months	110.1	4	8.9
Three Months	73.4	2.7	5.9
Six Months	36.6	1.3	2.95
Nine Months	24.5	0.89	2
One Year	18.1	0.65	1.45